

Knights Volleyball 2009

Glance at the Knights Off-Season



Four returning Knights (left to right): Tonya Fischer, Talia Venera, Stephanie Bliss and Paige Austin.

Now that the season is over, Coach Kelly Ketcham is working hard at recruiting players to join the Knights team. The returning players are involved in off-season conditioning, individual skills training, and jump training. They continue to work hard and improve their skills for next season!

WVC Academic Recognition



Volleyball Knights Receive NWAACC Recognition

NWAACC ALL ACADEMIC SPORTS TEAM 2008 Fall Quarter ~ VOLLEYBALL. Sophomores Stephanie Mifflin (Libero) and Kaylani Evans (Defensive Specialist) were selected for this honor. As their coach, I place a heavy emphasis on my players being diligent students. It is very gratifying to have them recognized by the league for their efforts in the classroom. The criteria is that they must be a sophomore in eligibility, have earned a minimum of 36 credits, a 3.25 cumulative GPA, and be recommended by the college.

WVC All-Stars Selected!



Above: Talia Venera (left) and Katy Rossner (right) both go up on the net in the Walla Walla match.

Sophomore Katy Rossner and freshman Talia Venera both received All-Star nominations. Katy Rossner was selected as an East Region 2nd team All-Star and as a Sophomore All-Star. Talia Venera was selected as an East Region 1st team All-Star. Both awards are great accomplishments and honors.

Katy Rossner had 154 kills, 4 assists, 16 aces, 18 blocks, and 177 digs for the overall season.

Talia Venera had 144 kills, 7 assists, 15 aces, 17 blocks and 132 digs for the overall season.

LONGVIEW TOURNAMENT CHAMPIONS!

WVC Knights took home the championship plaque this weekend, September 19th-20th at Longview.



The Knights arrived Friday the 19th where they played Pierce College and won 25-16 and 25-22. The second match of the day was against Blue Mountain Community College where they won in three sets, 18-25, 27-25, and 15-10. Saturday pool play continued with Whatcom Community College. The Knights lost the first set 22-25 and came back and won the next two, 25-19 and 15-13. Bracket play then started where they took on Pierce College once again

and won 30-28 and 26-24. Their next game was against Olympic where they won in two sets, 25-14 and 25-19. Finally it came down to the championship game for 1st place. They were matched up against Lower Columbia College. The match started off close and was neck and neck for the majority of the match. The Knights managed to pull away and win 25-21. The second match the adrenaline continued from the first game and the Knights won 25-15 to win the tournament. Talia Venera received MVP of the tournament and Katy Rossner received All-Tournament Team.

Tournament Highlights: Talia Venera had 42 kills, 50 digs, and 9 blocks; Katy Rossner had 41 kills, 3 aces, 50 digs, and 7 blocks; Jessie Carlson had 33 kills 8 aces, 42 digs, 5 blocks; Traci Linstrum had 23 kills, 7 aces, and 11 blocks; Jody Hanson had 19 kills, 32 digs, and 11 blocks; Kaylani Evans had 46 digs; Paige Austin had 151 assists