

Fax Referral Patient Information

Washington State Department of Health
Tobacco Quit Line
1-800-QUIT-NOW
1-800-784-8669
QUITLINE.COM

What is the Fax Referral Program?

The Fax Referral Program will connect you to free services at the Washington State Tobacco Quit Line that can help you quit tobacco. The Quit Line offers you free counseling and support, materials and, if appropriate, free medication. Through the Fax Referral Program, the Quit Line will call you to get started.



How Does the Fax Referral Program Work?

If you are interested in quitting tobacco, talk to your health care provider. Once you and your provider agree that the Quit Line is right for you, you will complete and sign a referral form. This gives the Quit Line consent to call you. Be sure to give a correct phone number. Your provider will fax the form to the Quit Line. When the Quit Line receives the form, they will call you within 48 hours.

What to Expect from the Quit Line Call?

When the Quit Line calls you for the first time, a Registration Specialist will tell you more about the free programs. Then you will talk to a Quit Coach who can help you begin to plan your quit. The Quit Coach will help you create a quit plan, understand daily triggers, discuss skills to break old habits and help you decide what medications can make your quit easier and more successful.

How Many Times Will the Quit Line Try to Reach Me?

The Quit Line will try to call you three times to start your program. If they do not reach, you can still call the Quit Line on your own (1-800-QUIT-NOW or 1-877-2NO-FUME).

What are the Quit Line Hours?

The Quit Line is open 7 days a week from 5:00AM - 9:00PM PST. If you call outside of the hours of operation, you can leave a message and they will call you back.